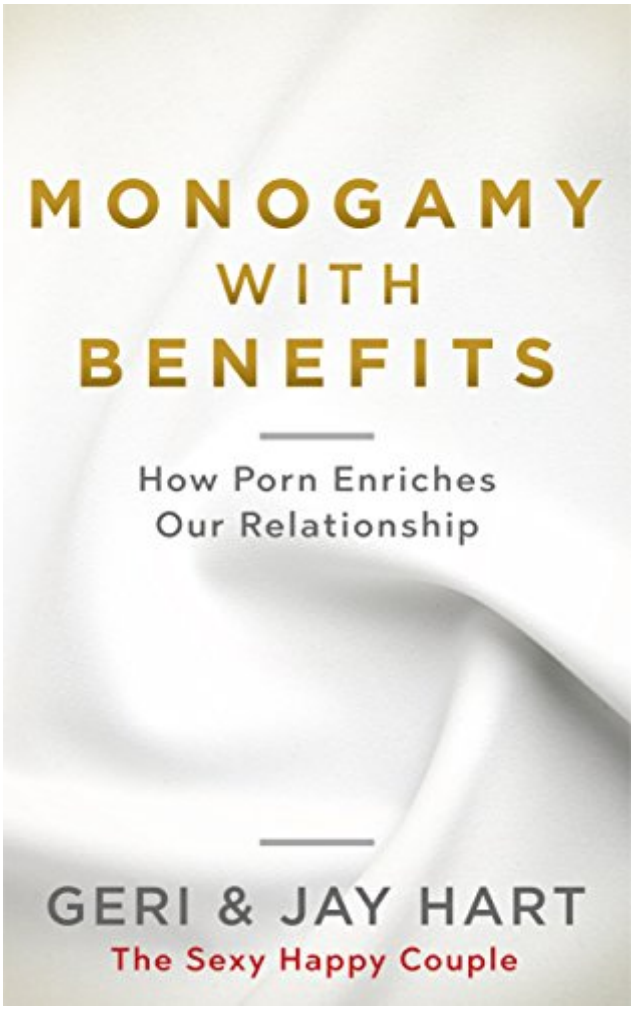
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Monogamy With Benefits: How Porn Enriches Our Relationship



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Synopsis

Can a couple have sex with other people in a way that deepens their own love for one another? And what essential role might professionals from the adult entertainment industry play in the process? Geri and Jay Hart provide the answers in Monogamy with Benefits: How Porn Enriches Our Relationship, the heartfelt true story of their secret quest for an extraordinary kind of intimacy.Geri and Jay are two fit, attractive executives whoÃ¢â ¬â„¢ve come together in mid-life following divorces from spouses who didnÃ¢â ¬â„¢t share their need to continue growing sexually. Seeking to avoid the pitfalls of their previous relationships, the two lovers decide to be fearlessly honest with one another about their deepest sexual needs and desires. This leads them to embark together upon a progressive and highly unconventional journey of discovery that unfolds around the U.S. in strip clubs, legal brothels, a swingerÃ¢â ¬â„¢s gathering, a sex expo and, ultimately, on the set of the coupleÃ¢â ¬â„¢s own professionally produced adult video. By seeing what works for their relationship, as well as what doesnÃ¢â ¬â„¢t, Geri and Jay share sensational adventures they never would have experienced individually, making them all the more eager to spend the rest of their lives together. Written from both Geri and JayÃ¢â ¬â„¢s perspectives, in the language real people use to talk about sex, rarely has a book so honestly and fully explored a coupleÃ¢â ¬â„¢s intimacy. What is it like to watch your partner with an adult video star? How does one prepare, both physically and psychologically, to participate in a professional porn shoot? And why isnÃ¢â ¬â„¢t commercial sex involving consenting adults more legally and widely available? Admittedly, the approach described in Monogamy with Benefits isn’t for everyone, but at a time when an estimated 50% of married individuals engage in infidelity, this book is sure to provoke discussion about how and why traditional social mores and laws inhibit many couplesÃ¢â ¬â„¢ ability to Ã¢â ¬Å“stray together.Ã¢â ¬Â•About the authors:Geri and Jay Hart are the pen names of a married woman and man who serve in executive positions at two well-known organizations in a mid-sized U.S. city. They frequently participate in civic and charitable events and appear in the local media. Although their careers keep Geri and Jay well occupied individually, their top priority is being together. During shared times they enjoy exercising, traveling, eating healthy food, andÃ¢â ¬â •of courseÃ¢â ¬â •exploring and savoring their sexuality. Hear an exclusive interview with this "sexy happy couple" on PopShots Radio at http://popshotsradio.com/episodes.html

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Customer Reviews

One reason I found this book consistently interesting and informative is that the authors alternate in telling about their extramarital experiences and their male and female reactions to those experiences. But I suspect that one major reason they both reveled in virtually every sexual encounter is that their values and views are so remarkably similar. Both were uncomfortable with the idea of traditional monogamy--they wanted variety. Both are non-judgmental of "alternative" sexual lifestyles--including those that have no appeal to them, personally. Although they quickly abandoned any thought of pursuing encounters with "lifestyle" swingers, they made no judgments about couples that do.A huge surprise for me, however, is that they seem to feel no desire for sexual encounters arising from the spontaneous chemistry with individuals or couples they encounter socially. Whereas that would be the strongest desire I would have if my wife and I were to stray by mutual agreement from traditional monogamy. How incredibly exciting such first encounters can be!Finally, I suspect that their excitement and sexual satisfaction is based almost entirely upon the exhibitionist & voyeuristic experience of filming their own sexual encounters, even if only with paid porn actors. Not my cup of tea, but....A well-written and -edited story

This was an interesting book describing how a well to do couple in their second marriage made the

decision to include other men and women in their otherwise monogamous married life. Fortunately, they had the financial resources and the inclination to utilize paid professionals for their non-monogamous adventures. As reported in the book the couple's encounters were limited in number but very enjoyable in the telling. The couple was unhappy with the participants at the swinger's club on one visit to a swingers club they made. If other couples purchase the book expecting to discover a road map describing the process of adding "porn" to their monogamous marriage relationship, they are likely to be misguided and disappointed.

Really was not impressed with this book especially after being cheated on-what's the point of Marriage anyway if you enjoy watching your Loved one screw someone else?Also ,they both sounded Narcacistic,especially the wife and it's not normal for the average person to be able to pay Porn stars for the urge to view themselves naked and screwing

I gave this book four stars because it was, all in all, a well written book. The author's ideas and experiences were well articulated. They should be well pleased that they represented themselves so well in the written word given their penchant for appearances. After considering their contentions about human sexuality, I am left with a few lingering thoughts of my own. I felt that the female personality for all of her adventurism, seemed truly intent on communicating that she is above all, attractive and fit. Her sexiness was magnified by her watching herself and other people watching her attractive self having sex. It seems the book was a result of the fact that both of them could not put their sex tapes on line to view, so they needed to describe it to us - a sort of "watch us" in words. Even these authors must admit that porn can become seriously boring after the initial visual shock of titillation. Sex can be reduced (I mean this in a nonjudgmental way) to a pass time like a sport or even a craft to master; or it can be elevated to an art. In my view, the artist communicates with the soul, communes with God, presents the unseen beauty of truth. As opposed to the craftsman whose work is aesthetically pleasing and even functional. True beauty in life is sacred and should be guarded. The authors haphazardly throwout the ideas involving sexual power exchanges. As outrageous as it may sound those relationships seem more sacred to me than multiple partners and exhibitionism. Lastly, the concept of the power and breathless beauty of "mystery" was mentioned in the beginning of the book, even going so far as to quote Albert Einstein on the subject., yet, the glare of the production lights left none for us to savor.

Being in a monogamous relationship, and having only thought about being with one person for the

rest of my life, I went into this book without judgement. I love reading about different kinds of relationships. I've recently started to see people who marry two spouses, or couples who bring another person in there lives, not only sexually.Monogamy With Benefits was a great and exciting read! I loved how there was both male and female perspectives. I did enjoy reading the female perspective more, maybe because I am a woman. Anyways, I feel this book kind of opens the door to a more exciting relationship. We all get bored of the same thing, so bringing new things into your relationship is always healthy.I don't think I would ever be okay with me or my partner being with other people, but I like the fact that this book speaks on being open with your sexuality to your spouse, like trying new things. This book was real, and incredibly entertaining. Such a great read!

I will admit, I was a little anxious and nervous when I first decided to read this book. Having only been associated with true monogamous relationships, I didn't understand that mutually straying from a relationship may actually help it in not long run. I was truly surprised at both of their responses to watch and talking about the others sexual experiences. When you're committed to someone long-term, I can imagine things get a little dull and repetitive. I can hardly imagine the excitement and fullfilment of having a sporadic sexual encounter with someone you only know socially. This book definitely opened my eyes to a different lifestyle. Even though I doubt I will ever be brace enough to venture down this road, I am glad I read the book and got a first hand account of what it's like in the Hart's relationship.

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